

CORNEA

TRANSPLANT PREPARATIONS

Step 1

A thorough eye exam. Your doctor looks for conditions that might cause delayed healing or complications after surgery.



Step 2

A review of all medications and supplements you're taking. You may need to stop taking certain medications or supplements before or after your cornea transplant surgery.



Step 3

Treatment for other eye problems. Unrelated eye problems, such as infection or swelling, can reduce chances of a successful cornea transplant. Your eye doctor will treat those problems before your surgery.

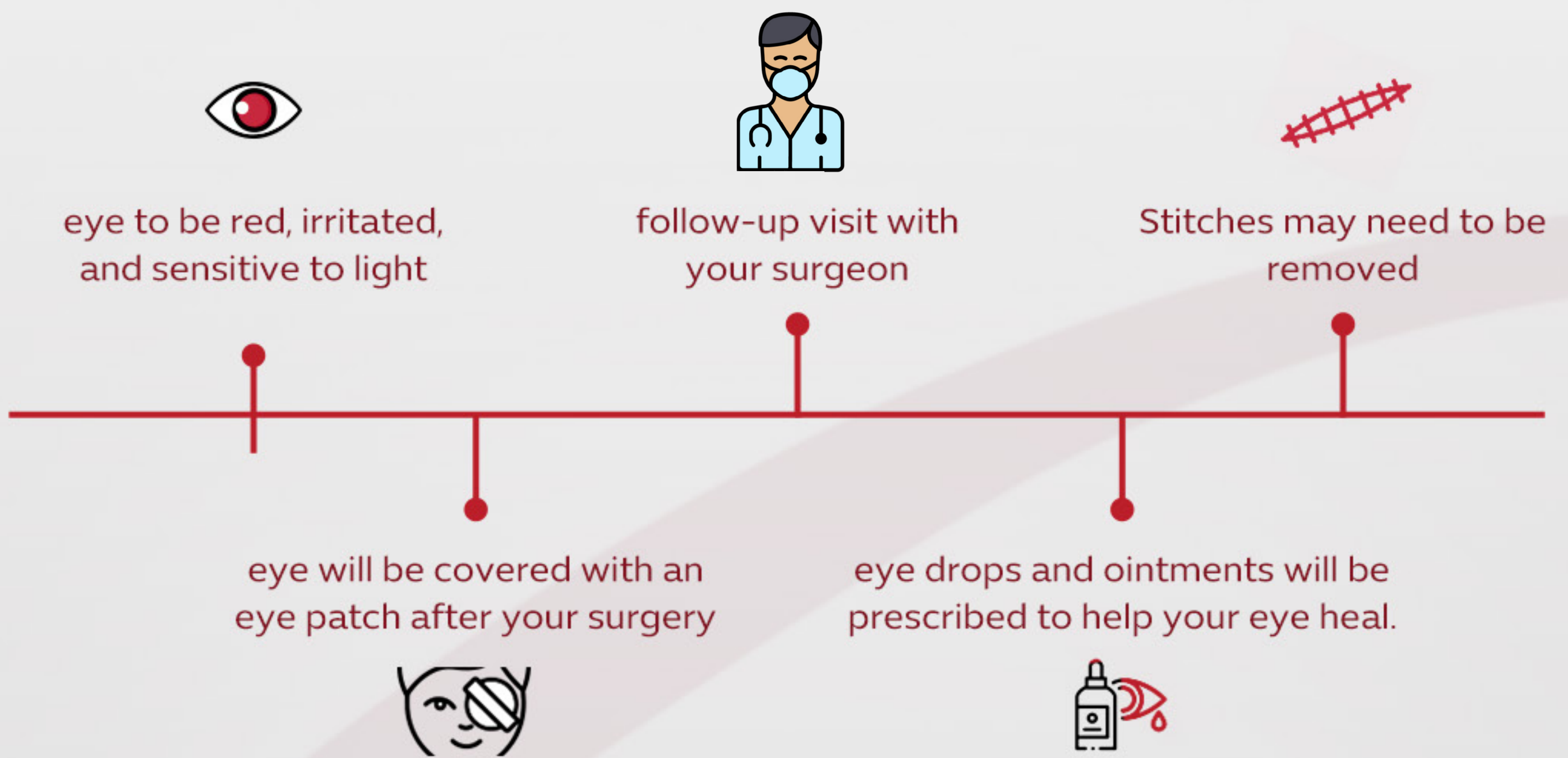


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مركز الدرّة التخصصي للعيون
El Durrah Specialized Eye Center

WHAT TO EXPECT AFTER SURGERY



For the first few days after surgery, expect your eye to be red, irritated, and sensitive to light. Typically, pain can be controlled with over-the-counter pain relievers that your surgeon can recommend. Your eye will be covered with an eye patch after your surgery. The eye patch must be used when you shower and sleep. Your surgeon will also talk about activities you will need to avoid, especially any activities that could result in a direct hit to your eye.

Within 24 to 48 hours of your surgery you will have a follow-up visit with your surgeon. He will remove your eye patch and check on how well your eye is healing. Also, eye drops and ointments will be prescribed to help your eye heal. Eye drops and ointments usually prescribed are both antibiotics (to prevent infection), corticosteroids (to reduce swelling, inflammation, and to prevent rejection) and artificial tears (to reduce stitch-related foreign body sensation).

If stitches do need to be removed depending on the type of stitches and surgical technique used, **they may not be removed for several months.**

CORNEA TRANSPLANT

POST-OPERATIVE CARE

Do's



Apply eye drops according to your doctor's instructions



Put an eye shield for one month (mainly during sleeping)



Wear sunglasses when outdoors for one month



You can watch TV and do computer work



You can read, write or do needlework



You can take a shower but avoid water to enter your eyes



Comply to posture's instructions (if any)

Don't's



Don't rub or press your eyes



Don't wear makeup for one month



Don't splash water in your eyes for one month



Don't bend forward and do heavy lifting for one month



Don't do contact sport or exercise



Avoid gardening for one month



Don't remove bandage contact on your own